

Athletics Category Descriptions

PARTICIPATION: Athletes can only participate in events in one category (* see exception below). To qualify for Summer Games in Athletics-

Athletes **MUST** place 1st, 2nd, or 3rd in the Athletics event they competed in at the Regional Meet.

The relay team **MUST** place 1st, 2nd, or 3rd in order to qualify for the Summer Games. Coed relay teams will participate in the male division.

Category A athletes may enter a total of three events.

Category B athletes may enter a total of three events.

Category C athletes may enter a total of three events. (If they wish to compete in a relay that counts as one of their three events).

-If an athlete competes in a relay they must also compete in a running event that is the equal distance of their leg of the relay at a minimum. (Example 4x100 M, they must also run at least a 100 M run. 4x400 M, they must also run at least the 400 M run.)

-If an athlete signs up for more than one field event, please understand that since field events are held at the same time (unlike the running events, which go in an order) that athletes division may called at the same time. Divisions will not be held up to wait for an athlete, and that athlete will be scratched from the event which they are not present at.

Category D Athletes can compete in one relay in addition to the Pentathlon.

Unified Team Competition Both Unified Partners and athletes are to participate in the 4 x 100 Unified Relay, the Long Jump and the 100 M Run for a total of 5 scores between the 4 participants. See Special Olympics Unified Team Competition guidelines for further information.