2024 East Region Track Schedule

Sunday, April 21, 2024 @ Elkhorn South High School

8:30 start 1500/3000/100 M WC*

200 Walk, Run

50 Wheelchair, Walk, Run

25 Wheelchair, 30 Wheelchair Slalom, 25 Wheelchair Obstacle,

50 M Wheelchair*

100 Walk

800 Run, Walk

100 Run, 100 Unified

400 Run, Walk

4x100 Relay, Unified Relay

Field Events will follow after all Ruming/Walking events have been completed