



Tennis

Sport Rules

Special Olympics





TABLE OF CONTENTS

1.	GOVERNING RULES	3
2.	OFFICIAL EVENTS	3
2.1	Individual Skills Competition	3
2.2	Singles	3
2.3	Doubles	3
2.4	Mixed Doubles	3
2.5	Unified Sports® Doubles	3
2.6	Unified Sports Mixed Doubles.....	3
2.7	Unified Team Tennis	3
3.	RULES OF COMPETITION	3
3.1	Divisioning	3
3.2	Match play.....	3
3.3	Singles Matches	4
3.4	Doubles Matches	4
3.5	Mixed Doubles Matches	4
3.6	Unified Doubles Matches	4
3.7	Score Calling	4
3.8	Coaching.....	4
3.9	Tie-Breakers.....	4
3.10	Unified Sports Doubles.....	5
3.11	Unified Team Tennis Event	5
3.12	Individual Skills Competition	6
4.	LEVELS.....	7
5.	ITN ASSESSMENT ASSESSMENT PROCEDURES.....	8
6.	FORM TENNIS RATING FORMS	APPENDIX



1. GOVERNING RULES

The Official Special Olympics Sports Rules for Tennis shall govern all Special Olympics competitions. As an international sports program, Special Olympics has created these rules based upon International Tennis Federation (ITF) Rules for tennis found at <http://www.itftennis.com/>. ITF or National Governing Body (NGB) rules shall be employed except when they are in conflict with the Official Special Olympics Sports Rules for Tennis or Article I. In such cases, the Official Special Olympics Sports Rules for Tennis shall apply.

Refer to Article 1, <http://media.specialolympics.org/resources/sports-essentials/general/Sports-Rules-Article-1.pdf>, for more information pertaining to Codes of Conduct, Training Standards, Medical and Safety Requirements, Divisioning, Awards, Criteria for Advancement to Higher Levels of Competition, and Unified Sports.

2. OFFICIAL EVENTS

The range of events is intended to offer competition opportunities for athletes of all abilities. Programs may determine the events offered and, if required, guidelines for the management of those events. Coaches are responsible for providing training and event selection appropriate to each athlete's skill and interest.

The following is a list of official events available in Special Olympics.

- 2.1 Individual Skills Competition
- 2.2 Singles
- 2.3 Doubles
- 2.4 Mixed Doubles
- 2.5 Unified Sports® Doubles
- 2.6 Unified Sports Mixed Doubles
- 2.7 Unified Team Tennis

3. RULES OF COMPETITION

- 3.1 Divisioning
 - 3.1.1 An athlete shall be divisioned based off rating and final score from ITN Assessment Form.
 - 3.1.2 An ITN Assessment Form must be submitted for each athlete with the registration package for the event.
 - 3.1.3 The ITN Assessment Form is provided in Section D of the Official Special Olympics Sports Rules for Tennis.
- 3.2 Match play
 - 3.2.1 A match will consist of one of the following.
 - 3.2.1.1 One Tie Break 6 game set using no-ad scoring with a margin of two games with a 7-point tie-break played at six all.
 - 3.2.1.2 Two Tie Break short sets using no-ad scoring with a 10 point match tie break to decide the match. In a short set, the first player/team who wins four games wins that set, provided there is a margin of two games over the opponent(s). If the score reaches four games all, a 7-point tie-break game shall be played. When the score in a match



is one set all, one 10-point tie-break game shall be played to decide the match. This tie-break game replaces the deciding final set. Not recommended for athletes with an ITN below 10.

- 3.2.1.3 Two tie break 6 game sets using no- ad scoring with a 10 point match tie break to decide the match. In a 6 game set the first player/team who wins 6 games with a margin of two games wins the set. A 7-point tie-break shall be played at six games all. When the score in a match is one set all, one 10-point tie-break game shall be played to decide the match. This tie-break game replaces the deciding final set. Not recommended for athletes with an ITN higher than 6..
- 3.2.1.4 In the two tie break 4 game or 6 game sets, there will be a three-minute rest period prior to the deciding 10-point tie-break.
- 3.2.1.5 The No-Ad scoring system will be used for all match play. The No-Ad procedure is simply what the name implies: The first player to win four points wins the game, with the seventh point of a game becoming a game point for each player.

3.3 Singles Matches

- 3.3.1 The receiver has the choice of advantage court or deuce court, the service on the seventh point, is to be delivered to the nominated court.

3.4 Doubles Matches

- 3.4.1 The receiving pair has the choice of advantage court or deuce court, the service on the seventh point, is to be delivered to player playing in the nominated court.

3.5 Mixed Doubles Matches

- 3.5.1 The player of the same gender as the server shall receive the deciding point. i.e. male to male or female to female.

3.6 Unified Doubles Matches

- 3.6.1 The service on the seventh point is to be delivered athlete to athlete or partner to partner.

3.7 Score Calling

- 3.7.1 The score calling may be either in the conventional terms or simple numbers, i.e., "zero, one, two, three, game."

3.8 Coaching

- 3.8.1 One designated Special Olympics coach may sit on court, (off the playing surface, in a chair located at the net post next to the umpire's chair) and may coach a player when the players change ends at the end of every odd game and during the three-minute rest period prior to the deciding tie-break, and not during a tie-break game. Changes of ends must be completed within 90 seconds.

3.9 Tie-Breakers

- 3.9.1 When two or more athletes or teams have the same final point score, the tie shall be broken as follows:
 - 3.9.1.1 First: the fewest number of sets lost in all matches
 - 3.9.1.2 Second: the most games won in all matches
 - 3.9.1.3 Third: the fewest number of games lost in all matches
 - 3.9.1.4 Fourth: (other than for teams) head to head results



- 3.10 Unified Sports Doubles
 - 3.10.1 Each Unified Sports doubles team shall consist of one player with an intellectual disability and one player without an intellectual disability, who have similar skills as defined by their ITN final number.
 - 3.10.2 Each team shall determine their own order of service and selection of courts (ad or deuce).
- 3.11 Unified Team Tennis Event
 - 3.11.1 Special Olympics Unified Team Tennis program rules are governed by ruling body ITF (International Tennis Federation) and Special Olympics Tennis Rules.
 - 3.11.2 Unified Team Composition: Unified Tennis teams are composed of Unified doubles teams. Unified doubles team are comprised of one athlete with intellectual disabilities and one athlete without intellectual disabilities and who have similar skills, as defined by their rating score, and similar age.
 - 3.11.3 Individual Rating - All tennis players will be rated on the ITN Assessment Form. When assembling a Unified doubles team, the athlete and Unified partner need to be as closely aligned in ability as possible. Players either should have the same ITN final number (Player A and Player B have an ITN 8) or they shall play on the level of the highest ITN number (Player A has an ITN 9 level 3 and Player B has an ITN 8 level 4, the team will compete in level 4, ITN 8).
 - 3.11.4 Roster Sizes: Unified Team rosters consist of a minimum of 3 Unified doubles and a maximum of 6 Unified doubles teams. (Ex. A Unified Team's 3 doubles pairings should consist of: 1 Level 2, 1 Level 4 and 1 Level 5 if possible).
 - 3.11.5 Competition: Competition may be head to head or an Invitational with many teams. During head-to-head competition, both schools, agencies or clubs, field the same number of doubles teams of the same Level and similar rating.
 - 3.11.6 Formation of Team Divisions: During competition, Unified Tennis teams are divisioned based on Level and doubles team rating (combined individual rating scores). Tournament Directors pair like level and rating for competition.
 - 3.11.7 Scheduling Doubles Matches: When scheduling matches for a competition, doubles teams of similar ability levels and with similar rating scores need to play each other.
 - 3.11.8 Use of Designated Tennis Balls and Court Sizes for Competition: The ITN final score and ITN final number of doubles teams determine what type of tennis ball must be used in competition as well as the size of the court. A doubles team rating score is the combined score of the two players (i.e. Player A is a 4 and Player B is a 5 giving their doubles team a rating score of 9). Following are the requirements:
 - 3.11.8.1 Unified Team Level 5: Doubles teams with a *an ITN 9* must use a regulation yellow tennis ball on 78' court.
 - 3.11.8.2 Unified Team Level 4: Doubles teams with a *an ITN 8,7,6 or higher levels* must use a 25% lower compression ball (yellow ball with green dot) and play on a 78' court.
 - 3.11.8.3 Unified Team Level 2: Doubles teams with an ITN 10 will play their matches on a 42' court (service boxes only) and use a red ball.



- 3.11.9 Substitutions: None are allowed for a doubles team during a match. If either player of a doubles team is unable to complete the match, his/her doubles team will forfeit.
- 3.11.10 Competition Formats: Following are the competition formats to be used which are based on the number of players on both teams. When one team has more players than the opposing team, those additional players compete in an exhibition singles match. *Example: Team A has 6 players and Team B has 8 players. Team B's two additional players play a singles exhibition match.* Each team has:
 - 3.11.10.1 6 players: 3 Doubles scoring matches
 - 3.11.10.2 8 players: 4 Doubles scoring matches
 - 3.11.10.3 10 players: 5 Doubles scoring matches
 - 3.11.10.4 12 players 6 Doubles scoring matches
- 3.11.11 Match Play Format: A match consists of the best 2 out of 3 short sets. The No-Ad scoring system will be used.
 - 3.11.11.1 When a rain or time delay occurs, one 6 game may be used instead:
 - 3.11.11.1.1 In a 1 set match, the team that wins 6 games by a margin of 2 games wins the set.
 - 3.11.11.1.2 At 6 games all, a 10 point tie break is played.
 - 3.11.11.1.3 No-Ad scoring will be used.
- 3.12 Individual Skills Competition
 - 3.12.1 Competition Managers must specify the type of ball to be used at each ISC competition.
 - 3.12.2 Level 1 ball is the red ball.
 - 3.12.3 Forehand Volley
 - 3.12.3.1 The athlete stands approximately one meter from the net with the feeder on the other side of the net, positioned halfway between the service line and the net. Each athlete is given five attempts to hit a ball safely over the net. The feeder underhand tosses each ball to the athlete's forehand side.
 - 3.12.3.2 The athlete scores 5 points for hitting into the service box into either service box.
 - 3.12.4 Backhand Volley
 - 3.12.4.1 Same as forehand volley except feeder sends the balls to athlete's backhand side.
 - 3.12.4.2 Each athlete is given five attempts.
 - 3.12.5 Forehand Groundstroke
 - 3.12.5.1 The athlete stands one meter behind the center (T) of the service line. The feeder is on the other side of the net, positioned half way between the service line and the net, underhand tosses the ball so it bounces once before reaching the athlete's forehand side. Each athlete is given five attempts.
 - 3.12.5.2 The athlete scores five points for hitting into either service box



- 3.12.6 Backhand Groundstroke
 - 3.12.6.1 Same as forehand groundstroke except the feeder sends the ball to the athlete's backhand side. Each athlete is given five attempts.
- 3.12.7 Serve — Deuce Court
 - 3.12.7.1 Each athlete is given five attempts to hit a legal serve from the right court to the deuce service box. A ball landing in the correct service box will count 10 points. A zero (0) score is recorded if the athlete commits a foot fault or fails to get the ball in the service box. A foot fault occurs when the athlete steps on or over the service line.
- 3.12.8 Serve — Advantage Court
 - 3.12.8.1 Same as serve to deuce court but from the left court to the advantage service box.
 - 3.12.8.2 Each athlete is given five attempts.
- 3.12.9 Alternating Groundstrokes with Movement
 - 3.12.9.1 The athlete begins one meter behind the center (T) of the service line. The feeder is on the other side of the net positioned halfway between the service line and the net. It alternates underhand tosses to the athlete's forehand and backhand sides. Each toss should land at a point which is both halfway between the service line and the net and halfway between the center service line and singles sideline. The athlete must be allowed to return to the center mark before feeding the next ball. Each athlete is given ten attempts.
 - 3.12.9.2 The athlete scores five points for hitting into either service box.
- 3.12.10 Final Score
 - 3.12.10.1 A player's final score is determined by adding together the scores achieved in each of the seven events which comprise the Individual Skills Competition.

4. LEVELS

The following is a guide to levels designed to provide competition opportunities to athletes of all abilities. Competition events for Levels 2-Level 5 are; Singles, Doubles, Mixed Doubles and Unified Doubles.

4.1

Level 1	Individual Skills Competition	ITN 10.3-10.2	42' Court – Red ball
Level 2	Matchplay:	ITN 10.1	42' Court – Red ball
Level 3	Matchplay:	ITN 10	60' Court – Orange ball
Level 4	Matchplay:	ITN 9	78' Court – Green ball (Yellow ball with green dot)
Level 5	Matchplay:	ITN 8,7	78' Court – Yellow ball



Level 6 Match play: ITN 6, 5 78' Court – Yellow Ball

4.2 In Doubles play, both players should be rated at the same level. If not, the team must play at the level of the highest player. (Example: Level 4 and Level 5 players paired together must compete in Level 5 with the designated yellow ball and 78' ct) The combined singles rating will be used to division the team at the higher level.

4.3 References:

4.3.1 Tennis Rating Sheet -

http://media.specialolympics.org/soi/files/resources/Sports-Rules-Competitions/Tennis/Tennis_Rating_Sheet_2012.docx

4.3.2 Levels Court Diagram -

http://media.specialolympics.org/soi/files/resources/Sports-Rules-Competitions/Tennis/Levels_court_diagrams.docx

5. ITN ASSESSMENT ASSESSMENT PROCEDURES (see next page)



SPECIAL OLYMPICS ITN ASSESSMENT
Level 5 and High Performance
(Level 4 same but with green dot ball)

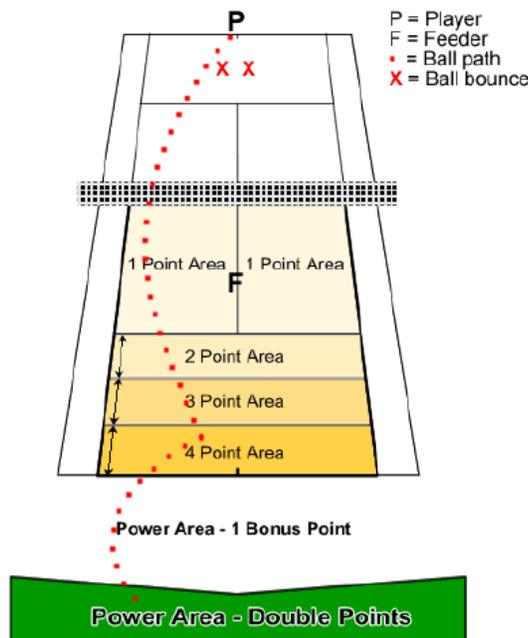
Assessment Procedure

When a group of athletes gets to the court assigned to them, the scorer will make sure that he/she has each of the athlete’s forms and that he/she has matched each athlete to his or her form.

To keep things moving and to keep everyone engaged, all athletes will rotate through each test as it comes up. That is to say, all will do the ground-stroke depth test then all will do the volley depth test, etc. This will require the scorekeeper to be diligent and to make sure the appropriate sheet is being marked for the correct athlete.

Groundstroke Depth Tests – Ground-stroke Depth

The groundstroke depth test consists of 10 balls, fed to the ‘s forehand and backhand alternatively. The points are calculated as per the diagram below. The first bounce of the ball determines the initial points of 0-4 depending on the target area hit. The second bounce of the ball gives the possibility for bonus points, either 1 extra point for behind the baseline, or double points for behind the Power Area line. Also, 1 consistency point is awarded for each shot that is not an error.

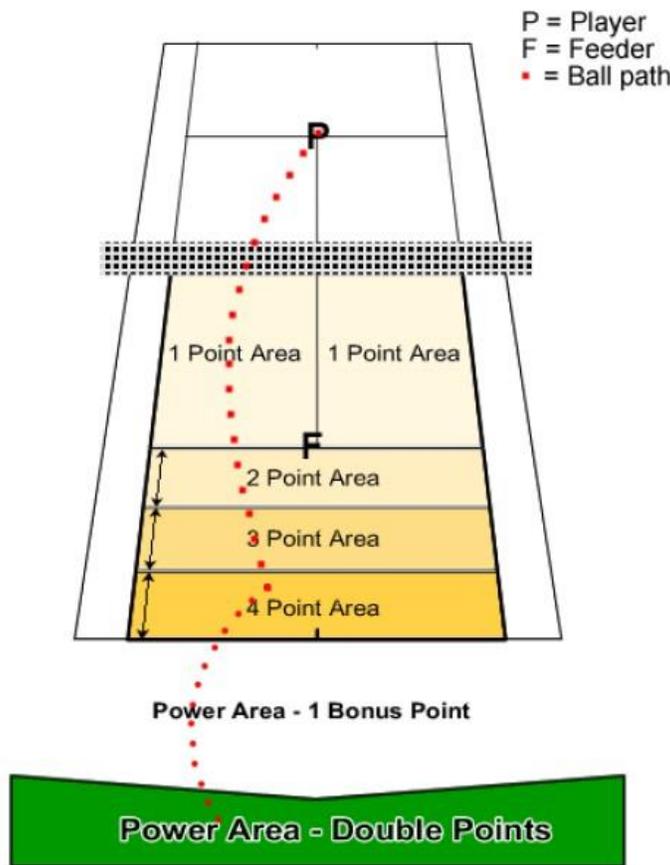


GS Depth		
Stroke	#	Score
Forehand	1	
Backhand	2	
Forehand	3	
Backhand	4	
Forehand	5	
Backhand	6	
Forehand	7	
Backhand	8	
Forehand	9	
Backhand	10	
Sub Total		
Consistency		
GS Depth Total		

**ITN Level 5 and High Performance
(Level 4 same but with green dot ball)**

Volley Depth

The volley depth test consists of 8 balls, fed directly to the 's forehand and backhand volleys on the service line. The Scoring system is exactly the same as the groundstroke depth scoring system.



Volley Depth		
Stroke	#	Score
Forehand	1	
Backhand	2	
Forehand	3	
Backhand	4	
Forehand	5	
Backhand	6	
Forehand	7	
Backhand	8	
Sub Total		
Consistency		
Volley Depth Total		

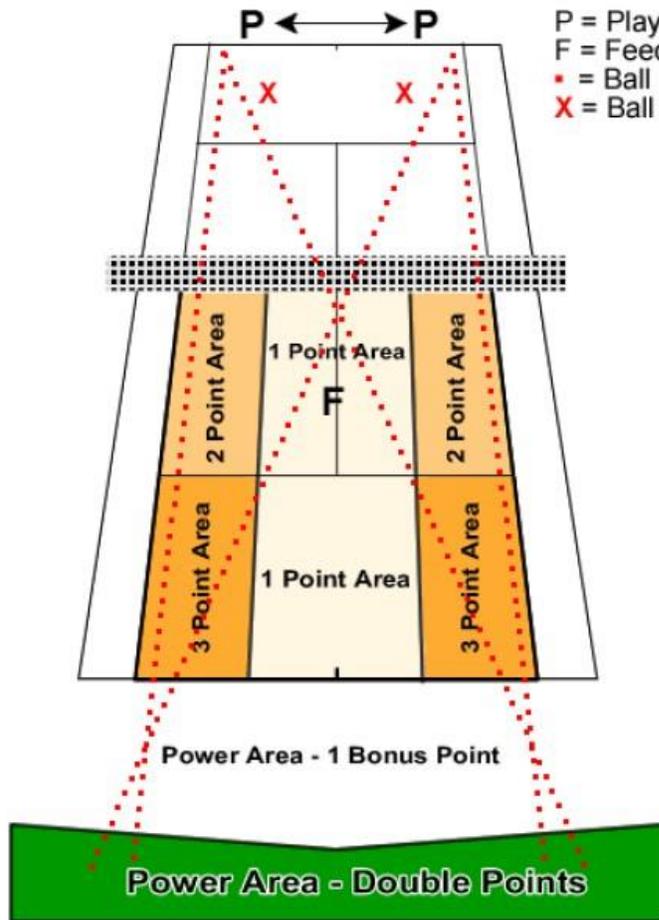


ITN Level 5 and High Performance
(Level 4 same but with green dot ball)

Accuracy Test

The accuracy test consists of 12 groundstrokes targeted either cross court or down the line. The first bounce score areas are different to the Depth Test, however the second bounce and consistency rules are the same.

It is recommended to loop all athletes through down the line assessment and then loop them through cross court so as to avoid confusion and to make sure that every shot counts.



GS Accuracy		
Stroke	#	Score
Forehand DL	1	
Backhand DL	2	
Forehand DL	3	
Backhand DL	4	
Forehand DL	5	
Backhand DL	6	
Forehand CC	7	
Backhand CC	8	
Forehand CC	9	
Backhand CC	10	
Forehand CC	11	
Backhand CC	12	
Sub Total		
Consistency		
GS Accuracy Total		



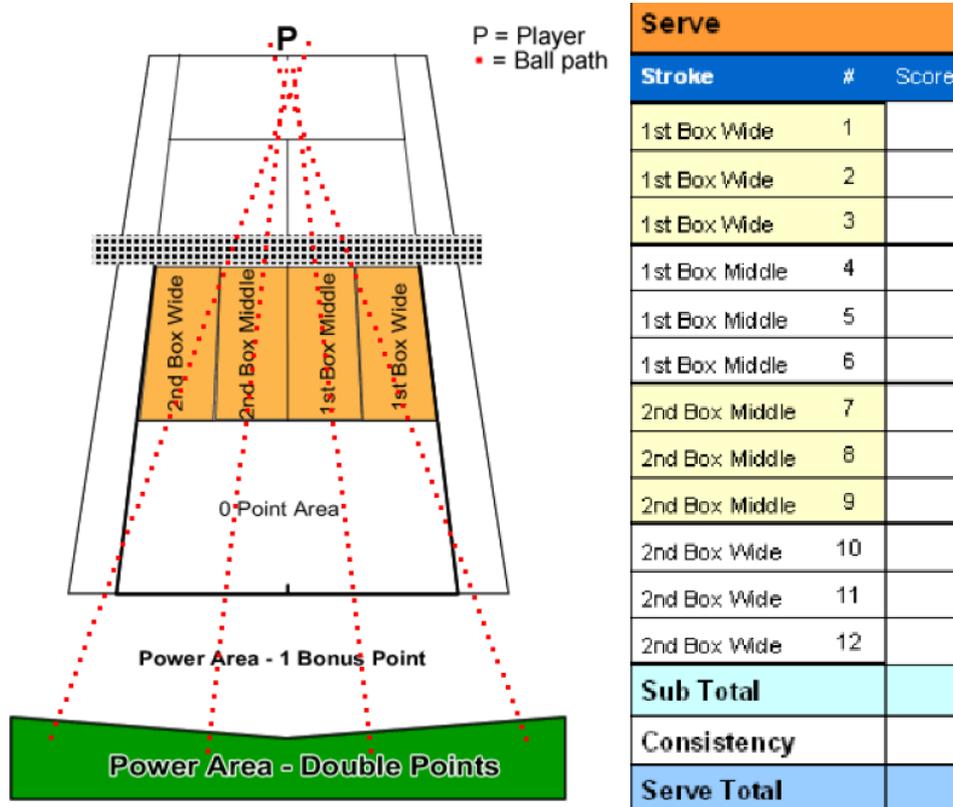
**ITN Level 5 and High Performance
(Level 4 same but with green dot ball)**

Serve Test

For the serve test, the feeder should bring the basket of balls over to the players' side. It may be quickest to go through all players for each target. For example all players hit to the first target, then all players hit to the second target. This might ease confusion of the test and keep all players engaged.

For each attempt, the player gets a first and second serve, just like in a match. And like in a match, if the player hits the target on the first serve, a second serve is not required.

The scoring is illustrated below. Consistency pt. is awarded for every shot not in error.



First Serve

2 Points - When a ball lands in the correct service box area.

4 Points - When a ball lands in the target area of the correct service box.

Second Serve

1 Point - When a ball lands in the correct service box area.

2 Points - When a ball lands in the target area of the correct service box.



ITN Assessment

Level 2

Red Felt Ball - No additional lines needed **ASSESSMENT SHEET 10.3**

- Mobility test remains the same as ITN 10 • See above attachment.

16 balls

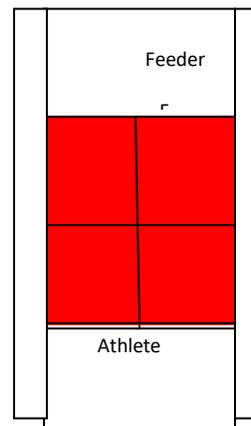
4 Serves – 2 Deuce/2Ad court (no 2nd serve)

4 f/h groundstrokes

4b/h groundstrokes

2 f/h volleys

2 b/h volleys



Scoring

- 1 point for every ball in court.
- 1 point for every serve in correct service box
- maximum score = 16 points + mobility assessment



ITN Assessment

Level 3 60' CT Orange Ball Same format as Level 5 but within the 60' court

- Feed 42 Orange balls: 10 GS Depth Alternate FH & BH
- 8 Volleys Depth Alternate FH & BH
- 12 GS Accuracy 6 FH & 6 BH
- 6 Serves - 3 Deuce wide & 3 Deuce Middle
- 6 Serves - 3 AD wide & 3 AD Middle

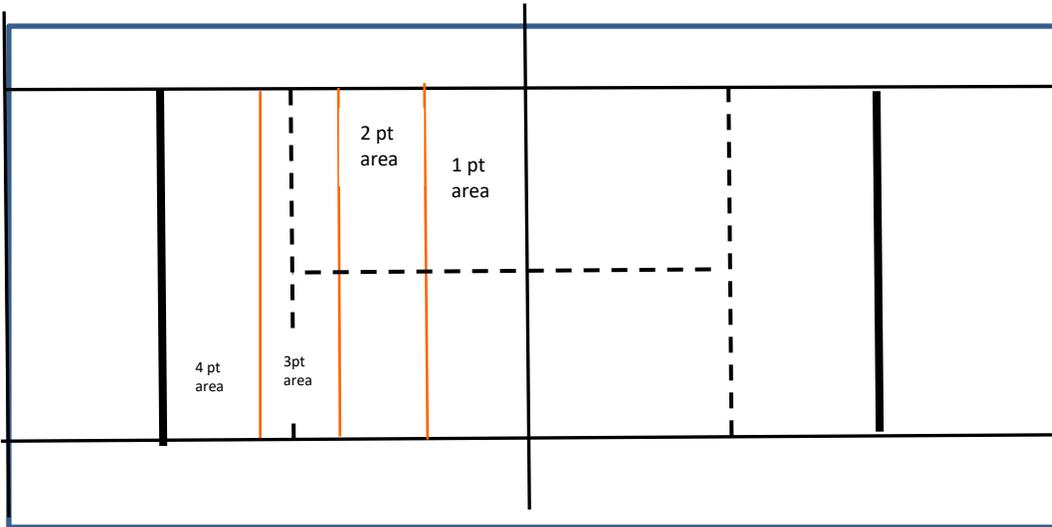
Serve Test and Mobility Test the same as Level 5

Groundstroke and volley set up.

Lines on Feeder side are spaced in 7' intervals

Feeder stands at the T

Athlete stand on 60' baseline for GS and 1 meter from net for volley



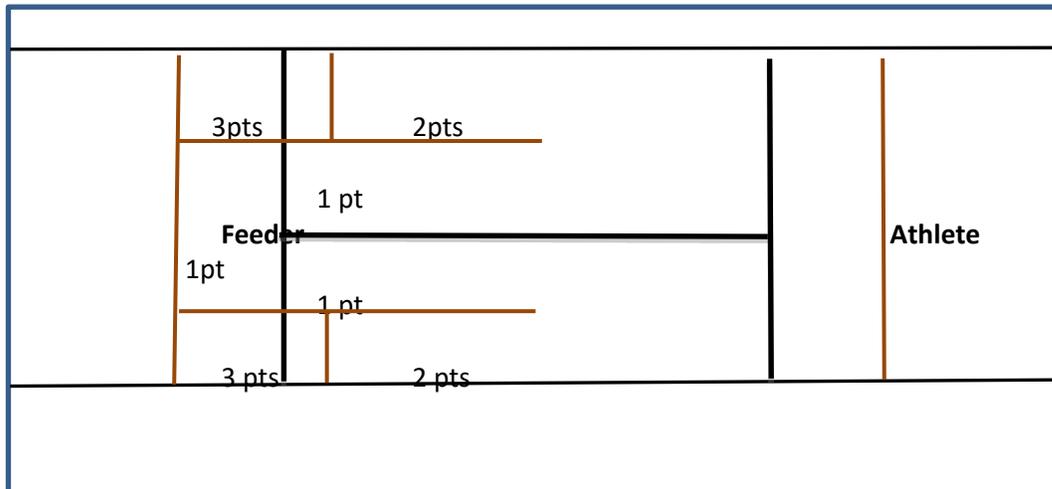
Groundstroke /Volley



Accuracy



Test



3pt area
1 pt area



SCORING

LEVEL 3 Groundstrokes Depth Tests – Volley Depth

- 1 Points** - When a ball lands in the front section of the back court area.
- 2 Points** - When a ball lands in the second section of the back court area.
- 3 Points** - When a ball lands in the last third of the back court area.
- 4 Points** - When a ball lands in the last part of the back court area.

LEVEL 3 Accuracy Test

The accuracy test consists of 12 groundstrokes targeted either cross court or down the line.

- 1 Points** - When a ball lands in the central court area.
 - 2 Points** - When a ball lands in the first section of the court area (from the net to the baseline).
 - 3 Points** - When a ball lands in the last second section of the court area (from the net to the baseline)
- Consistency pt. is awarded for every shot not in error.

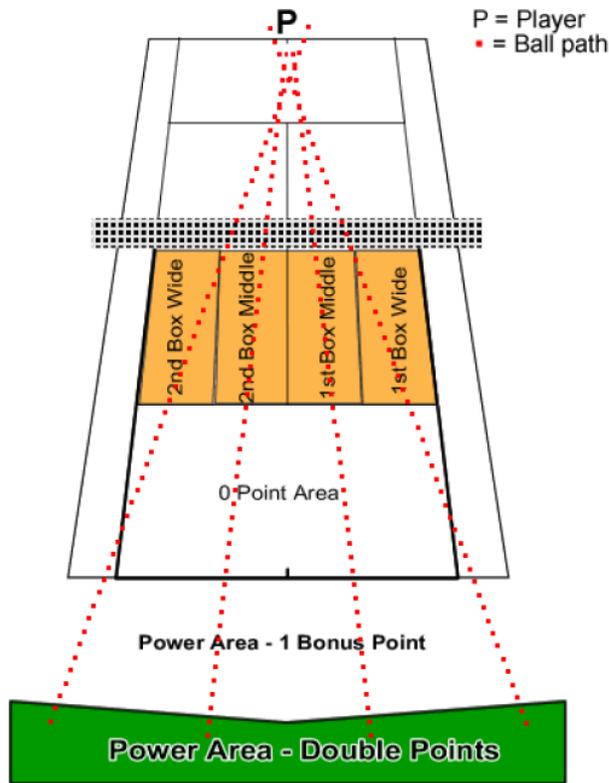
WE WILL NOT USE DOUBLE POINTS AREA FOR THE SECOND BOUNCE

Serve Test same as level 5, 4

For the serve test, the feeder should bring the basket of balls over to the players' side. It may be quickest to go through all players for each target. For example all players hit to the first target, then all players hit to the second target. This might ease confusion of the test and keep all players engaged.

For each attempt, the player gets a first and second serve, just like in a match. And like in a match, if the player hits the target on the first serve, a second serve is not required.

The scoring is illustrated below. Consistency pt. is awarded for every shot not in error.



Serve		
Stroke	#	Score
1st Box Wide	1	
1st Box Wide	2	
1st Box Wide	3	
1st Box Middle	4	
1st Box Middle	5	
1st Box Middle	6	
2nd Box Middle	7	
2nd Box Middle	8	
2nd Box Middle	9	
2nd Box Wide	10	
2nd Box Wide	11	
2nd Box Wide	12	
Sub Total		
Consistency		
Serve Total		

First Serve

- 2 Points** - When a ball lands in the correct service box area.
- 4 Points** - When a ball lands in the target area of the correct service box.

Second Serve

- 1 Point** - When a ball lands in the correct service box area.
- 2 Points** - When a ball lands in the target area of the correct service box.

International Tennis Number — On Court Assessment

Name: Ruby Chavez Carrasco Date of Birth: 11/2/1980 Sex: F
 Assessor: Tzuc Date: 13/09/17 Venue: Guatemala

Depth		Volley Depth		GS Accuracy		Serve	
Stroke	Score	Stroke	Score	Stroke	Score	Stroke	Score
Forehand 1	3	Forehand 1	2	Forehand DL 1	0	1st Box Wide 1	2
Backhand 2	3	Backhand 2	3	Backhand DL 2	4	1st Box Wide 2	4
Forehand 3	4	Forehand 3	4	Forehand DL 3	6	1st Box Wide 3	2
Backhand 4	8	Backhand 4	4	Backhand DL 4	2	1st Box Middle 4	4
Forehand 5	4	Forehand 5	3	Forehand DL 5	4	1st Box Middle 5	4
Backhand 6	4	Backhand 6	4	Backhand DL 6	3	1st Box Middle 6	4
Forehand 7	8	Forehand 7	4	Forehand CC 7	2	2nd Box Middle 7	3
Backhand 8	6	Backhand 8	4	Backhand CC 8	2	2nd Box Middle 8	4
Forehand 9	3	Sub Total	28	Forehand CC 9	6	2nd Box Middle 9	4
Backhand 10	3	Consistency	8	Backhand CC 10	6	2nd Box Wide 10	4
Sub Total	50	Volley Depth Total	36	Forehand CC 11	4	2nd Box Wide 11	4
Consistency	10			Backhand CC 12	2	2nd Box Wide 12	4
GS Depth Total	60			Sub Total	41	Sub Total	12
				Consistency Total	11	Consistency	12
				GS Accuracy Total	52	Serve Total	

Mobility Table

Time	Score
T 40	38
S 1	2
S 2	3
S 3	4
S 4	5
S 5	6
S 6	7
S 7	8
S 8	9
S 9	10
S 10	11
S 11	12
S 12	13
S 13	14
S 14	15
S 15	16
S 16	17
S 17	18
S 18	19
S 19	20
S 20	21
S 21	22
S 22	23
S 23	24
S 24	25
S 25	26
S 26	27
S 27	28
S 28	29
S 29	30
S 30	31
S 31	32
S 32	33
S 33	34
S 34	35
S 35	36
S 36	37
S 37	38
S 38	39
S 39	40
S 40	41
S 41	42
S 42	43
S 43	44
S 44	45
S 45	46
S 46	47
S 47	48
S 48	49
S 49	50

Score (F) 57-79 80-108 109-140 141-171 172-205 206-230 231-258 259-303 304-344 345-400
 Score (M) 75-104 105-139 140-175 176-209 210-244 245-268 269-293 294-337 338-362 363-400
 Score (W) 178-18 179-9 179-0 179-7 179-6 179-3 179-4 179-2 179-1 179-0

International Tennis Number logo and text: "This ITN Assessment was conducted in accordance with the guidelines set forth in the Official ITN Assessment Guide. I hereby agree to its authenticity. Signed by/behalf of the player: Signed by the Assessor:"

LEVELS 4 & 5

Power Points are awarded for levels 4 and 5 (but not for serve tests) as follows:

Power Area = 1 Bonus Point - When a ball lands anywhere within the singles court area and the second bounce lands between the baseline and Bonus line, 1 Bonus point is awarded.

Examples: 5 Points are awarded when the first bounce lands in the 4 Point Area

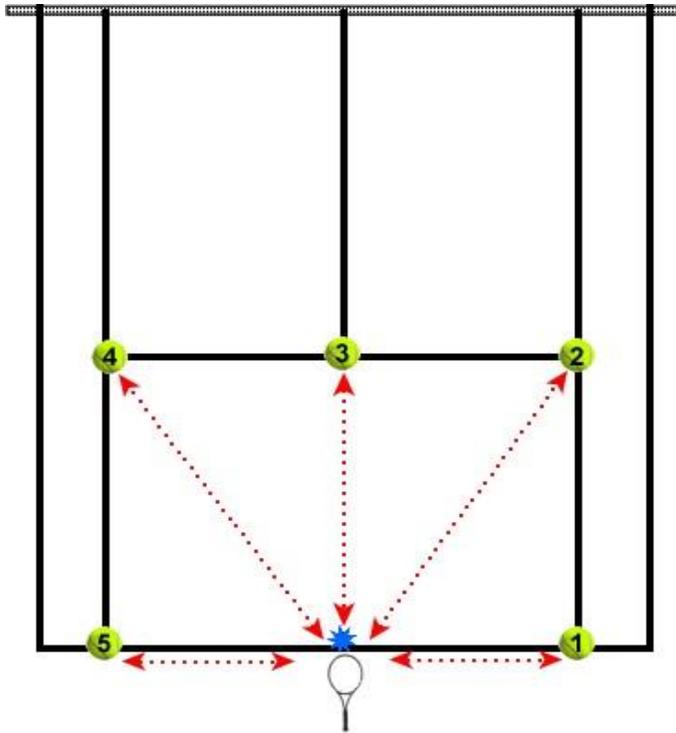
0 Points - When a ball's first bounce lands anywhere outside the normal singles playing area.

Consistency: 1 extra point is awarded for every shot that is not an error.

The points are added up to achieve the total number of points scored in the Groundstroke Depth Assessment Section.

Power Area = Double Points - When a ball lands anywhere within the singles court area and the second bounce lands beyond the Bonus line, double points are awarded.

MOBILITY



Maximum Possible = 76 Points

The Mobility Assessment is an assessment that measures the time it takes a player to pick up five tennis balls and return them individually to a specified zone.

The score is recorded in seconds.

Points are awarded based on the time it takes to complete this task.

The faster a player completes the task the more points are awarded.

Procedure:

Place a tennis racquet with the head of the racquet just behind the centre mark in the middle of the baseline. The handle of the racquet is pointed towards the back fence as shown in the diagram.

Position 5 balls on the court as shown in the diagram.

Starting at the middle of the baseline, each ball has to be retrieved and placed on the strings of the racquet, one ball at a time in a counter clockwise direction, that means, **everyone has to start to grab the ball from the right side.**

The time will be recorded using a stopwatch after the command “Ready-set-go” is given.

As soon as the last ball is placed on the strings of the racquet, the time is stopped.

Points are awarded as follows:

The top row contain a table of time increments equaling 1 second intervals.

The bottom row represents the amount of points allocated for each time increment.

Mobility Table		Time	Score																							
T	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15
S	1	2	3	4	5	6	7	8	9	10	11	12	12	14	15	16	18	19	21	26	32	39	45	52	61	76

The faster the time, the more points are allocated. 22 SECONDS = 21 POINTS

International Tennis Number — On Court Assessment

Name: _____ Date of Birth: _____ Sex: M F
 Assessor: _____ Date: _____ Venue: _____

what's your number?

 International Tennis Number

GS Depth		Volley Depth		GS Accuracy		Serve	
Stroke	# Score	Stroke	# Score	Stroke	# Score	Stroke	# Score
Forehand	1	Forehand	1	Forehand DL	1	1st Box Wide	1
Backhand	2	Backhand	2	Backhand DL	2	1st Box Wide	2
Forehand	3	Forehand	3	Forehand DL	3	1st Box Wide	3
Backhand	4	Backhand	4	Backhand DL	4	1st Box Middle	4
Forehand	5	Forehand	5	Forehand DL	5	1st Box Middle	5
Backhand	6	Backhand	6	Backhand DL	6	1st Box Middle	6
Forehand	7	Forehand	7	Forehand CC	7	2nd Box Middle	7
Backhand	8	Backhand	8	Backhand CC	8	2nd Box Middle	8
Forehand	9			Forehand CC	9	2nd Box Middle	9
Backhand	10			Backhand CC	10	2nd Box Wide	10
Sub Total		Sub Total		Forehand CC	11	2nd Box Wide	11
Consistency		Consistency		Backhand CC	12	2nd Box Wide	12
GS Depth Total		GS Accuracy Total		Sub Total		Sub Total	
		Consistency		Consistency		Consistency	

Signed by/behalf of the player: _____
 Signed by the Assessor: _____

Strokes Total	Mobility Score	Total Score

Number of Assessments	New ITN Rating

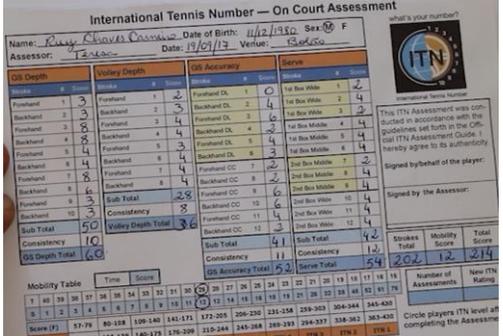
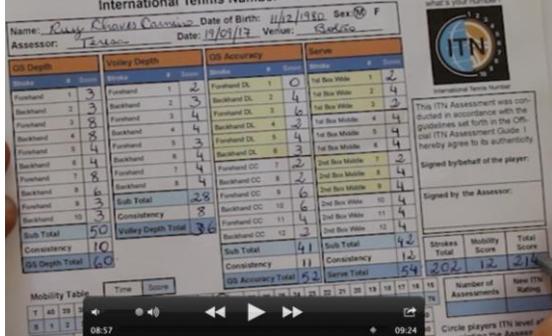
Circle players ITN level after completing the Assessment.

Mobility Table	Time	Score
T 40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15		
S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50		
Score (F)	57-79	80-108 109-140 141-171 172-205 206-230 231-258 259-303 304-344 345-430
Score (M)	75-104 105-139 140-175 176-209 210-244 245-268 269-293 294-337 338-362 363-430	
ITN	ITN 10 ITN 9 ITN 8 ITN 7 ITN 6 ITN 5 ITN 4 ITN 3 ITN 2 ITN 1	

LEVEL 2: ATHLETES SHOULD HAVE NO MORE THAN 16 STROKE POINTS PLUS ADDITION OF THE MOBILITY TEST POINTS.

WHEN FILLING THE ASSESSMENT SHEET, DO NOT FORGET TO PUT THE STROKE TOTAL, MOBILITY SCORE AND TOTAL SCORE AND ALSO NEW ITN RATING

- LEVEL 3: ATHLETES MUST HAVE ITN 10
- LEVEL 4: ATHLETES MUST HAVE ITN 9
- LEVEL 5: ATHLETES MUST HAVE ITN 8,7
- LEVEL 6: ATHLETES MUST HAVE ITN 6,5 (IF THE NEW LEVEL IS APPROVED BY SRAC)



International Tennis Number — On Court Assessment

Name: Ruby Charles Camino Date of Birth: 11/2/1980 Sex: F
 Assessor: Tina Date: 19/09/17 Venue: Sakata



Depth		Volley Depth		GS Accuracy		Serve	
#	Score	#	Score	#	Score	#	Score
Forehand	3	Forehand	2	Forehand DL	1	1st Box Wide	1
Backhand	3	Backhand	3	Backhand DL	2	1st Box Wide	2
Forehand	8	Forehand	4	Forehand DL	3	1st Box Middle	4
Backhand	8	Backhand	4	Backhand DL	4	1st Box Middle	4
Forehand	4	Forehand	5	Forehand DL	5	1st Box Middle	4
Backhand	4	Backhand	4	Backhand DL	8	1st Box Middle	4
Forehand	6	Forehand	7	Forehand CC	7	2nd Box Middle	7
Backhand	6	Backhand	4	Backhand CC	8	2nd Box Middle	8
Forehand	8	Forehand	8	Forehand CC	9	2nd Box Middle	9
Backhand	8	Backhand	4	Backhand CC	10	2nd Box Wide	10
Sub Total	50	Sub Total	28	Forehand CC	11	2nd Box Wide	11
Consistency	10	Consistency	8	Backhand CC	12	2nd Box Wide	12
GS Depth Total	60	Volley Depth Total	36	Backhand CC	12	Sub Total	42
				Sub Total	41	Consistency	12
				Consistency	11	GS Accuracy Total	52
				GS Accuracy Total	52	Serve Total	54

This ITN Assessment was conducted in accordance with the guidelines set forth in the Official ITN Assessment Guide. I hereby agree to its authenticity.

Signed by/benefit of the player: _____

Signed by the Assessor: _____

Strokes Total	Mobility Score	Total Score
202	12	214

Mobility Table	
Time	Score
1	29
2	28
3	27
4	26
5	25
6	24
7	23
8	22
9	21
10	20
11	19
12	18
13	17
14	16
15	15
16	14
17	13
18	12
19	11
20	10
21	9
22	8
23	7
24	6
25	5
26	4
27	3
28	2
29	1
30	0

Number of Assessments: _____
 New ITN Rating: 6

Circle players ITN level after completing the Assessment.





6. FORM TENNIS RATING FORMS (see next pages)

International Tennis Number — On Court Assessment

Name: _____ Date of Birth: _____ Sex: M F
 Assessor: _____ Date: _____ Venue: _____

what's your number?



International Tennis Number

GS Depth			Volley Depth			GS Accuracy			Serve		
Stroke	#	Score	Stroke	#	Score	Stroke	#	Score	Stroke	#	Score
Forehand	1		Forehand	1		Forehand DL	1		1st Box Wide	1	
Backhand	2		Backhand	2		Backhand DL	2		1st Box Wide	2	
Forehand	3		Forehand	3		Forehand DL	3		1st Box Wide	3	
Backhand	4		Backhand	4		Backhand DL	4		1st Box Middle	4	
Forehand	5		Forehand	5		Forehand DL	5		1st Box Middle	5	
Backhand	6		Backhand	6		Backhand DL	6		1st Box Middle	6	
Forehand	7		Forehand	7		Forehand CC	7		2nd Box Middle	7	
Backhand	8		Backhand	8		Backhand CC	8		2nd Box Middle	8	
Forehand	9		Sub Total			Forehand CC	9		2nd Box Middle	9	
Backhand	10		Consistency			Backhand CC	10		2nd Box Wide	10	
Sub Total			Volley Depth Total			Forehand CC	11		2nd Box Wide	11	
Consistency						Backhand CC	12		2nd Box Wide	12	
GS Depth Total						Sub Total			Sub Total		
						Consistency			Consistency		
						GS Accuracy Total			Serve Total		

This ITN Assessment was conducted in accordance with the guidelines set forth in the Official ITN Assessment Guide. I hereby agree to its authenticity.

Signed by/behalf of the player:

Signed by the Assessor:

Strokes Total	Mobility Score	Total Score

Number of Assessments	New ITN Rating

Mobility Table		Time	Score																							
T	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15
S	1	2	3	4	5	6	7	8	9	10	11	12	12	14	15	16	18	19	21	26	32	39	45	52	61	76
Score (F)	57-79		80-108		109-140		141-171		172-205		206-230		231-258		259-303		304-344		345-430							
Score (M)	75-104		105-139		140-175		176-209		210-244		245-268		269-293		294-337		338-362		363-430							
ITN	ITN 10		ITN 9		ITN 8		ITN 7		ITN 6		ITN 5		ITN 4		ITN 3		ITN 2		ITN 1							

Circle players ITN level after completing the Assessment.

International Tennis Number — On Court Assessment

Name: _____ Date of Birth: _____ Sex: M F
 Assessor: _____ Date: _____ Venue: _____

what's your number?



International Tennis Number

GS Depth			Volley Depth			GS Accuracy			Serve		
Stroke	#	Score	Stroke	#	Score	Stroke	#	Score	Stroke	#	Score
Forehand	1		Forehand	1		Forehand DL	1		1st Box Wide	1	
Backhand	2		Backhand	2		Backhand DL	2		1st Box Wide	2	
Forehand	3		Forehand	3		Forehand DL	3		1st Box Wide	3	
Backhand	4		Backhand	4		Backhand DL	4		1st Box Middle	4	
Forehand	5		Forehand	5		Forehand DL	5		1st Box Middle	5	
Backhand	6		Backhand	6		Backhand DL	6		1st Box Middle	6	
Forehand	7		Forehand	7		Forehand CC	7		2nd Box Middle	7	
Backhand	8		Backhand	8		Backhand CC	8		2nd Box Middle	8	
Forehand	9		Sub Total			Forehand CC	9		2nd Box Middle	9	
Backhand	10		Consistency			Backhand CC	10		2nd Box Wide	10	
Sub Total			Volley Depth Total			Forehand CC	11		2nd Box Wide	11	
Consistency						Backhand CC	12		2nd Box Wide	12	
GS Depth Total						Sub Total			Sub Total		
						Consistency			Consistency		
						GS Accuracy Total			Serve Total		

This ITN Assessment was conducted in accordance with the guidelines set forth in the Official ITN Assessment Guide. I hereby agree to its authenticity.

Signed by/behalf of the player:

Signed by the Assessor:

Strokes Total	Mobility Score	Total Score

Number of Assessments	New ITN Rating

Mobility Table		Time	Score																							
T	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15
S	1	2	3	4	5	6	7	8	9	10	11	12	12	14	15	16	18	19	21	26	32	39	45	52	61	76
Score (F)	57-79		80-108		109-140		141-171		172-205		206-230		231-258		259-303		304-344		345-430							
Score (M)	75-104		105-139		140-175		176-209		210-244		245-268		269-293		294-337		338-362		363-430							
ITN	ITN 10		ITN 9		ITN 8		ITN 7		ITN 6		ITN 5		ITN 4		ITN 3		ITN 2		ITN 1							

Circle players ITN level after completing the Assessment.

International Tennis Number - On Court Assessment for 10.1

Name:	Date of birth:
Assessor:	Date:

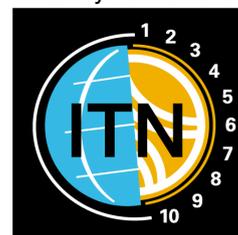
Court size for this assessment - Full court

Groundstroke Consistency		
Stroke	#	Score
Forehand	1	
Backhand	2	
Forehand	3	
Backhand	4	
Forehand	5	
Backhand	6	
Forehand	7	
Backhand	8	
GS Depth Total		

Volley Consistency		
Stroke	#	Score
Forehand	1	
Backhand	2	
Forehand	3	
Backhand	4	
Volley Depth Total		

Serve Consistency		
Stroke	#	Score
Right	1	
Left	2	
Right	3	
Left	4	
Serve Total		

what's your number?



International Tennis Number

This ITN Assessment was conducted in accordance with the guidelines set forth in the Official ITN Assessment Guide. I hereby agree to its authenticity.

Signed by/belief of the player

Signed by the assessor

SCORING

Scoring is by number of balls landing in court (or zones of court) at each level. To progress to the next level, players must achieve the minimum score required.

- 4 points for every ball in back zone
- 2 points for every ball in mid zone
- 1 point for every ball in short zone
- 1 point for every serve in correct service box
- maximum score = 52 points

If starting at Green (10.1) score of 0-19 – move to Orange (10.2)
Score of 20-45 - stay at Green (10.3)
Score of 46-52 – move to ITN 10

Strokes Total	Mobility Score	Total Score
		0
Number of Assessments		New ITN Rating

International Tennis Number - On Court Assessment for 10.2

Name:	Date of birth:
Assessor:	Date:

Court size for this assessment - 18m x 9m

Groundstroke Consistency		
Stroke	#	Score
Forehand	1	
Backhand	2	
Forehand	3	
Backhand	4	
Forehand	5	
Backhand	6	
Forehand	7	
Backhand	8	
GS Depth Total		

Volley Consistency		
Stroke	#	Score
Forehand	1	
Backhand	2	
Forehand	3	
Backhand	4	
Volley Depth Total		

Serve Consistency		
Stroke	#	Score
Right	1	
Left	2	
Right	3	
Left	4	
Serve Total		

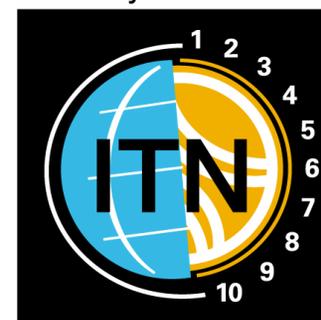
SCORING

Scoring is by number of balls landing in court (or zones of court) at each level.
To progress to the next level, players must achieve the minimum score required.

- 2 points for every ball in back zone
- 1 point for every ball in short zone.
- 1 point for every serve in correct service box

maximum score = 28 points + mobility score
Score of 0-22 - stay at Orange (10.2)

what's your number?



International Tennis Number

This ITN Assessment was conducted in accordance with the guidelines set forth in the Official ITN Assessment Guide. I hereby agree to its authenticity.

Signed by/behalf of the player

Signed by the assessor

Strokes Total	Mobility Score	Total Score
		0

Number of Assessments	New ITN Rating

International Tennis Number - On Court Assessment for 10.3

Name:	Date of birth:
Assessor:	Date:

Court size for this assessment - Full court

Groundstroke Consistency		
Stroke	#	Score
Forehand	1	
Backhand	2	
Forehand	3	
Backhand	4	
Forehand	5	
Backhand	6	
Forehand	7	
Backhand	8	
GS Depth Total		

Volley Consistency		
Stroke	#	Score
Forehand	1	
Backhand	2	
Forehand	3	
Backhand	4	
Volley Depth Total		

Serve Consistency		
Stroke	#	Score
Right	1	
Left	2	
Right	3	
Left	4	
Serve Total		

SCORING

Scoring is by number of balls landing in court (or zones of court) at each level.
To progress to the next level, players must achieve the minimum score required.
 1 point for every ball in court.
 1 point for every serve in correct service box
 maximum score = 16 points + mobility score
Score of 0-12 - stay at Red (10.3)
Score of 13-16 - move to Orange (10.2)

what's your number?



International Tennis Number

This ITN Assessment was conducted in accordance with the guidelines set forth in the Official ITN Assessment Guide. I hereby agree to its authenticity.

Signed by/belief of the player

Signed by the assessor

Strokes Total	Mobility Score	Total Score
		0
Number of Assessments	New ITN Rating	