

Special Olympics Tennis Rating System Sheet

Athlete's Name: _____

Coach's Rating: _____

Delegation: _____

Date of Coach's Rating: ___/___/___

Rater's Name: _____

Final Rating: _____

Date of Final Rating: ___/___/___

<p>Level 1 (athlete at this level should complete the ISC Skills Testing)</p> <p>Player just starting to play tennis (1)</p> <p>Appropriate competition would be ISC (1)</p>	Score: <input style="width: 80px; height: 20px;" type="text"/>
<p>A. Forehand (one choice --- should be the most representative of the athlete's skill level)</p> <p>Has difficulty hitting FH shots (2)</p> <p>Hits inconsistent weak FH shots (3)</p> <p>Hits FH shots with little directional control (4)</p> <p>Sustains a short rally using FH and BH shots (5)</p> <p>Sustains a rally with directional control (6)</p> <p>Sustains a rally with consistency and depth (7)</p> <p>Sustains an extended rally (8)</p>	Score: <input style="width: 80px; height: 20px;" type="text"/>
<p>B. Backhand (one choice --- should be the most representative of the athlete's skill level)</p> <p>Has difficulty hitting BH shots (2)</p> <p>Hits inconsistent weak BH shots (3)</p> <p>Hits BH shots with little directional control (4)</p> <p>Has directional control of BH shots, but shots lack depth (5)</p> <p>Returns difficult shots defensively (6)</p> <p>Has difficulty with high and hard shots (7)</p> <p>Controls FH and BH shots with direction, pace and depth (8)</p>	Score: <input style="width: 80px; height: 20px;" type="text"/>
<p>C. Movement (one choice --- should be the most representative of the athlete's skill level)</p> <p>Stationary position; does not move to ball to hit shots (2)</p> <p>Moves only 1-2 steps toward ball to hit shots (3)</p> <p>Moves toward ball; but court coverage is poor (4)</p> <p>Movement allows sufficient court coverage of most shots (5)</p> <p>Exceptional court coverage (6)</p> <p>Exceptional court coverage and hits defensive lobs and inconsistent overheads (7)</p> <p>Exceptional court coverage and hits offensive lobs and consistent overheads (8)</p>	Score: <input style="width: 80px; height: 20px;" type="text"/>

D. First Serve (one choice --- should be the most representative of the athlete's skill level)

1st serve is weak (2)

1st serve faults are common (3)

Hits 1st serves in at a slower pace (4)

Hits 1st serves with pace (6)

Hits 1st serves with pace and control (8)

Score:

E. Second Serve (one choice --- should be the most representative of the athlete's skill level)

Double faults are common (2)

Pushes 2nd serves (4)

Hits 2nd serves with control (6)

Hits 2nd serves with control and depth (7)

Hits 2nd serves with spin, control and depth (8)

Score:

F. Return of Serve (one choice --- should be the most representative of the athlete's skill level)

Has difficulty returning serve (2)

Returns serve occasionally (3)

Returns 2nd serve consistently (4)

Returns some 1st serves; returns 2nd serves consistently (5)

Returns 1st and 2nd serves consistently (6)

Aggressive return of 2nd serve; weak return of 1st serve (7)

Aggressive return of 1st and 2nd serves (8)

Score:

G. Volleys (one choice --- should be the most representative of the athlete's skill level)

Avoids net (2)

Does not hit volleys; avoids net (3)

Hits inconsistent volleys; avoids net (4)

Hits consistent FH volleys; BH volley is inconsistent (5)

Hits aggressive FH volleys; hits defensive BH volleys (6)

Hits aggressive FH and BH volleys (8)

Score:

Total Score:

Divide Total Score by 7 to determine Overall Rating

(round off to the nearest tenth I.e. $4.97 = 5.0$ or $3.53 = 3.5$)

Overall Rating: