

BASKETBALL

PARTICIPATION: To be eligible for State Basketball, the team or athlete must compete in a Regional Invitational.

Basketball divisions are male or female. Coed teams will compete in the male division.

If a delegation has more than one team entered in the same age group, the head basketball coach **MUST** state on the entry form which team is better. The team **MUST** also provide different colored uniforms for each team.

Team size is limited to the following: 5 on 5 = 10, 3 on 3 = 7. 5 on 5 rosters may be extended to 12 in extenuating circumstances with approval of SONE Staff.

In 3 on 3 competitions the ball must be thrown in from the top of key before it is shot or dribbled. The defender must be positioned below the free throw line. All 3 on 3 games will consist of one 20 minute period with a running clock. SONE does not use the 20 point rule.

Three point shots are allowed in both half and full court games.

All 5 on 5 games will consist of 4 six minute quarters with a running clock for the entire game. The only time the clock will stop is if a player is injured.

Partners on unified teams **MUST** be of similar ability. Please designate partners on the form by placing a "P" in the athlete/partner column.

All teams, 3v3 & 5v5 traditional and unified **MUST** submit the Basketball Summary Form. The Assessment Process consists of ball handling, passing, movement, game awareness, shooting and rebounding.

Individual Skills basketball entry scores will be determined by the 3 events (target pass, 10M dribble and spot shot). Entry scores will be the total score of all 3 events added together.

Level A Basketball Skills provides meaningful competition for lower ability levels. Level A Basketball Skills will consist of the wall target pass, field goal and passing. Entry scores will be taken from doing the three events and will be the total of all three events added together.

Teams participating in Team Skills Basketball should submit a score obtained from playing 10 rounds of Team Skills Basketball. After 10 rounds the score should be added and divided by ten to get an average. The score submitted will be between 1 and 11. In case of a tie in competition, a one round playoff will be played until one team out scores the other.

All players **MUST** have numbers on the front and back of their shirts or jerseys. The numbers on the front shall be 4 inches and the numbers on the back shall be 6 inches. You cannot use number 00 or any single number larger than 5 or double number larger than 55. Example of numbers that can be used 4, 25, 35, 45, 55. You cannot use six or higher.

Coaches cannot have dual roles as unified partner and coach at the same competition.