



Special Olympics Nebraska

Athlete Code of Conduct

Special Olympics is committed to the highest standards of Sportsmanship, Training, Rules of Competition, and Character. I understand I am a representative of Special Olympics, both on and off the field, and my actions should uphold these standards. As an athlete participating in Special Olympics or as a Unified Partner, I agree to abide by the Special Olympics Athlete Code of Conduct as stated below:

Sportsmanship

- ✓ I will practice good sportsmanship.
- ✓ I will act in ways that bring respect to me, my coaches, my team and to Special Olympics.
- ✓ I will not swear and/or use bad language.
- ✓ I will not insult others by my actions, verbal or non-verbal.
- ✓ I will not fight with others athletes, coaches, volunteers or staff of Special Olympics Nebraska.

Training and Competition

- ✓ I will train regularly and follow guidelines set-forth on current training requirements.
- ✓ I will learn and follow rules of sports I participate in.
- ✓ I will listen to my coaches and officials.
- ✓ I will consistently do my best in training, attendance and in competitions.
- ✓ I will consistently compete at the best of my ability and not hold back during preliminary or 'divisioning.'

Character

- ✓ I will not make inappropriate or unwanted physical, verbal or sexual advances on others, including using social media (ie: texting, tweeting, facebook).
- ✓ I will not smoke in non-smoking areas.
- ✓ I will not use illegal drugs.
- ✓ I will not drink alcohol underage nor when involved in Special Olympics activities.
- ✓ I will not take or use drugs for the purpose of improving my performance.
- ✓ I will obey all laws and Special Olympics rules, as well as the National and International Federations/Governing Rules for my sport(s).

I understand that if I do not obey this Special Olympics "Code of Conduct," I will be subject to a range of consequences by my Team, Region, or Special Olympics Nebraska, up to and including not being allowed to participate in any sports or activities.

Athlete Name: _____

Team/ Delegation: _____

Athlete or Parent/Guardian Signature: _____

Date: ____/____/____